

# Senior Solutions



Following are services provided through Senior Solutions for Ada County senior citizens and their families. Phone Senior Solutions at 208-345-7777 for information on these services and other resources for the elderly in our area.

❖ **INFORMATION & SUPPORT SERVICES:** With one phone call to Senior Solutions Information & Support Services, callers can obtain information about agencies, organizations and other resources that can help meet their needs.

Referrals provided to seniors and their families include information about in-home help, locating appropriate senior housing, and information about agencies, organizations and other resources that can help meet their needs. We also educate local companies to refer vulnerable elderly to senior information centers through the Gatekeeper Program.

Support services include in-home needs assessments done by licensed social workers. Social workers help seniors create realistic plans to meet their needs, and assist in putting resources and services in place. Intensive case management, care coordination, consultations, education and specialized assistance are also available through our Eldercare Services program, on a for-pay basis, to help people with the challenges of caring for elderly family members.

❖ **REPEAT CONTACT CASE MANAGEMENT:** Seniors are contacted quarterly to check on their immediate/current needs. They are informed of available community resources and are provided assistance and referrals as needed.

❖ **PCA SCREENING:** This program assists family members with interviewing, screening and hiring an independent Personal Care Attendant. The price is \$75.00 to cover the costs of the PCA information packet, consultation time and two referrals for independent Personal Care Attendants.

❖ **ECHO Telephone Reassurance:** Through this telephone reassurance program, volunteers call homebound and/or disabled elderly individuals each weekday morning to assure their safety and well being.

❖ **BOISE SENIOR ACTIVITIES CENTER:** A meeting place where seniors can participate in activities and services, including noon meals, health education and screenings, exercise classes, dances, art classes, card games, bingo, foot clinics, computer classes, legal counsel and a driver-refresher course.

❖ **BOISE CITY SCRIP:** This subsidized taxi program is for permanently disabled persons whose disability inhibits their ability to drive. Participants must live in the Boise City limits and may purchase coupons for discounted taxi rides.

❖ **HOUSING COUNSELING/BOOKLET:** Through this program, a housing counselor can assist in finding appropriate housing for seniors, including retirement and assisted living facilities, nursing homes, apartments, and subsidized housing. We also have a 36-page housing booklet available for purchase.

❖ **VOLUNTEER OPPORTUNITIES:** Senior Solutions volunteer opportunities include ECHO telephone reassurance caller, grocery shopping, minor repair work, transportation, and friendly visiting. Phone Senior Solutions at 345-7777 for more information.

At the Boise Senior Activities Center, you can volunteer in the dining room, thrift store and craft store, and as a receptionist. Volunteers at the Center also coordinate and lead classes and activities. Call the center at 345-9921.

## ❖ ELDERCARE SERVICES

This program provides specialized assistance to people who have particular challenges caring for elderly family members. Our staff, which includes a Professional Geriatric Care Manager and licensed social workers, provides gentle and dignified care for the elderly.

Services include assessments, care plans and management, guardianship/conservatorship education, counseling, advocacy, consultations, information and referrals and crisis intervention. There is an hourly fee for this service.

Through this program, seniors are encouraged to plan ahead, think about, and choose who they want making decisions about their health, living arrangements and well-being when they are no longer able to make decisions for themselves.

In addition to our own services, we at Senior Solutions can provide information and referrals for other services available for seniors in Ada County, such as:

- ◆ Legal Services
- ◆ Adult Day Care/Respite
- ◆ Employment Training for Seniors
- ◆ Financial Resources/Assistance
- ◆ Health Assessments/Screenings
- ◆ Health Care Merchandise
- ◆ Home Health Agencies
- ◆ Insurance Information & Assistance
- ◆ Home Maintenance/Repair
- ◆ Hospice
- ◆ Hospitals
- ◆ Meal Sites & Meals-on-Wheels
- ◆ Health Education
- ◆ Mental/Emotional Help
- ◆ Nursing/Shelter Homes
- ◆ Physician/Dental Referrals
- ◆ Shopping/Delivery
- ◆ Senior Centers
- ◆ Support Groups
- ◆ Telephone Reassurance
- ◆ Transportation
- ◆ Volunteer Opportunities



*We can also refer you to the appropriate source for information regarding seniors in other counties in Idaho.*

Senior Solutions, Inc. is a non-profit agency dedicated to preserving the dignity and independence of older individuals through supportive services. Senior Solutions is funded through contracts, grants and donations. Our funding sources include: Boise City, Ada County, Treasure Valley United Way and special fund raising projects.



# Grandma's Treasures



Visit our **THRIFT STORE** located at the  
**Boise Senior Activities Center ♦ 690 Robbins Road, Boise**  
**Open Monday-Friday ♦ 10 a.m. to 3 p.m.**

Check out our treasures—all at reasonable prices:

- ◆ Clothes ♦ Household Goods ♦ Health Aides ♦ Seasonal Merchandise
- ◆ Home Décor ♦ Something for Everyone

*We gladly accept donated items, and they are tax deductible in accordance with tax law.*



*"Solutions for Independent Living"*

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