

PCA SCREENING PROGRAM

❖ WHAT IS A PCA?

As people age, there often comes a time when they are no longer able to take care of everyday living activities. In the past, those who became incapacitated could depend on family members to help care for them. Now, because of economic and social changes, family members often need to hire someone outside of the family—such as a personal care attendant—to help care for their elderly loved ones.

A **Personal Care Attendant (PCA)** is someone who assists an ill or incapacitated person with his or her daily living needs. PCAs can live with the person or be scheduled to come to the home at specific times. PCAs do tasks such as: grocery shopping, errands, and meal preparation, assistance with bathing, dressing and grooming, assistance with the tasks associated with getting up in the morning and going to bed at night, making sure your loved one takes their medication properly, light housekeeping and laundry, and accompanying your loved one to medical appointments.

❖ HOW CAN THE PCA SCREENING PROGRAM HELP ME?

The PCA Screening Program can assist family members with interviewing, screening, and hiring a personal care attendant. Through the PCA Screening Program you can purchase a packet that includes:

- ◆ Personal profiles, including fingerprint and background checks through the Idaho Bureau of Criminal Identification, basic personal information, letters of reference, credentials, and job histories
- ◆ How to effectively interview potential employees
- ◆ How to contact PCA references
- ◆ An employment contract
- ◆ A time sheet
- ◆ Tax and Social Security information

❖ WHAT IS THE COST FOR A PCA PACKET?

Those who request service are charged \$75 to cover the costs of the PCA information packet, consultation time and profiles on up to two PCAs. Profiles for additional PCAs cost \$25 each.

❖ WHERE DO I PICK UP A PCA PACKET?

Contact the PCA Screening Coordinator at 345-7777.



Solutions for Independent Living

Senior Solutions, Inc. ◆ 3010 West State Street, Suite 120 ◆ Boise, ID 83703 ◆ 208-345-7777 ◆ Fax: 208-345-7867
Boise Senior Activities Center ◆ 690 Robbins Road ◆ Boise, ID 83702 ◆ 208-345-9921 ◆ Fax: 208-387-0370
Email: seniorpr@mindspring.com ◆ Website: www.seniorsolutions.bz

